

ChARM Patient Portal User Guide

ChARM Patient Portal helps you to securely access the medical records shared by your practice and allows better collaboration with your care provider.

Go through this User Guide for detailed instructions on using ChARM PHR.

- [Patient Portal Registration](#)
- [Patient Portal Login](#)
- [Appointment Request](#)
- [Fill Pre-Appointment Questionnaires](#)
- [Access Visit Summary](#)
- [Access Lab Results](#)
- [Access Documents](#)
- [Share Documents with Practice](#)
- [Send Message to Providers](#)
- [Medication Refill](#)
- [Adding Family Members to Your PHR Account](#)
- [Password Reset](#)
- [Patient Demographics](#)
- [Personal Health Portal](#)

Step 1:

- Click on the invitation link.
- Enter patient's date of birth.

DOB verification is done to confirm that you are authorized to access this patient's medical records.



ABX Community Hospital

Patient Portal Account Activation

1 DOB Verification

Enter patient's date of birth.

Name **JOHNATHAN SWIFT**

Date Of Birth *  (mm/dd/yyyy)

Next

Note:

Make sure that you enter DOB in the format mentioned in the form. For example, if your DOB is June 20, 1990, enter '06/20/1990' (for mm/dd/yyyy format)

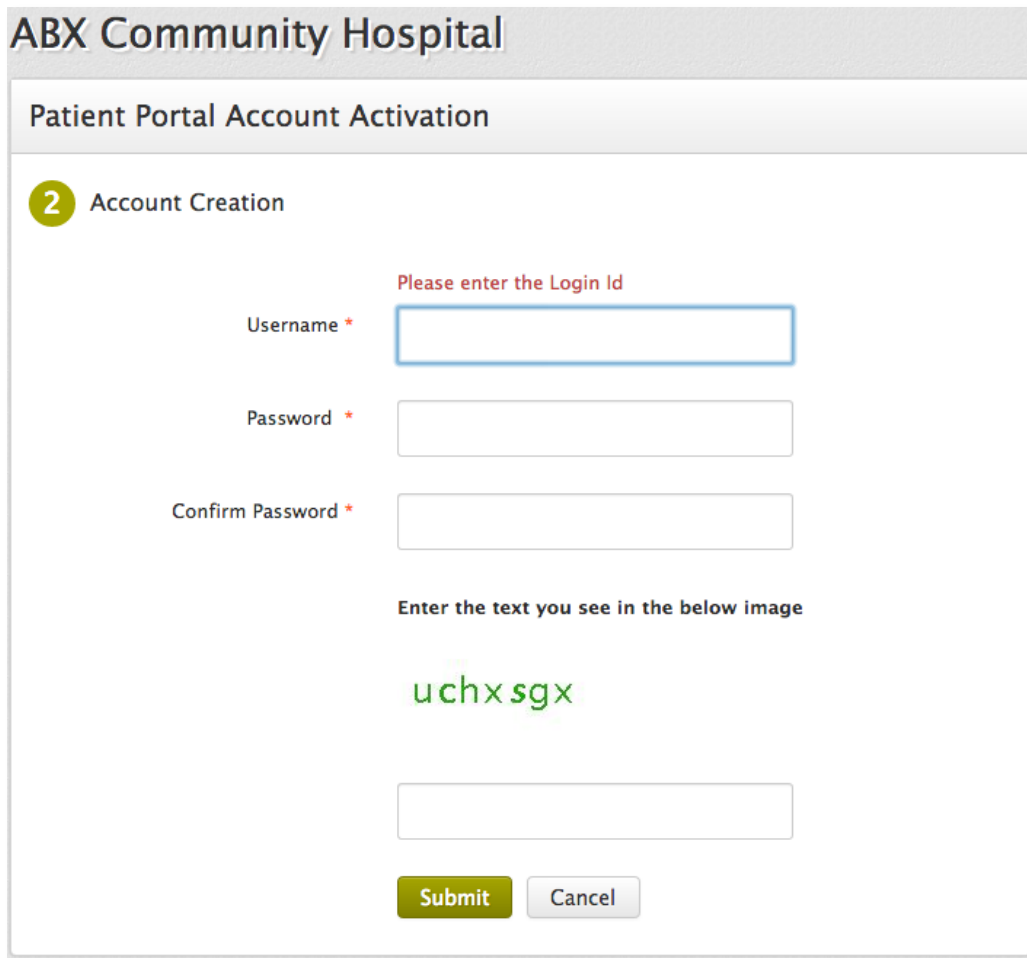
If you get date of birth mismatch error, there is a possibility that an incorrect Date Of Birth is entered by your practice. Contact your practice for correcting it.

Step 2:

Next, choose your preferred username (login Id) and password.

Username and Password are case sensitive. Hence make sure that you enter them in proper case.

Enter the text that you see in the image and click on 'Submit'.



ABX Community Hospital

Patient Portal Account Activation

2 Account Creation

Please enter the Login Id

Username *

Password *

Confirm Password *

Enter the text you see in the below image

uchxsgx

Submit

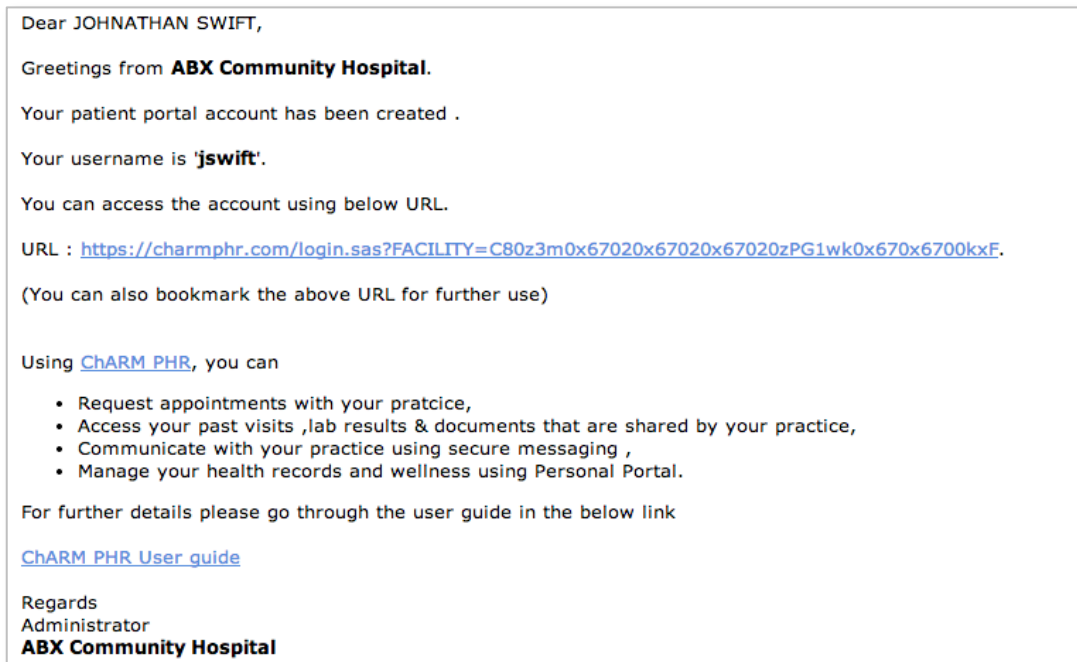
Note:

If username that you have entered is already in use, you will be asked to enter a different name.

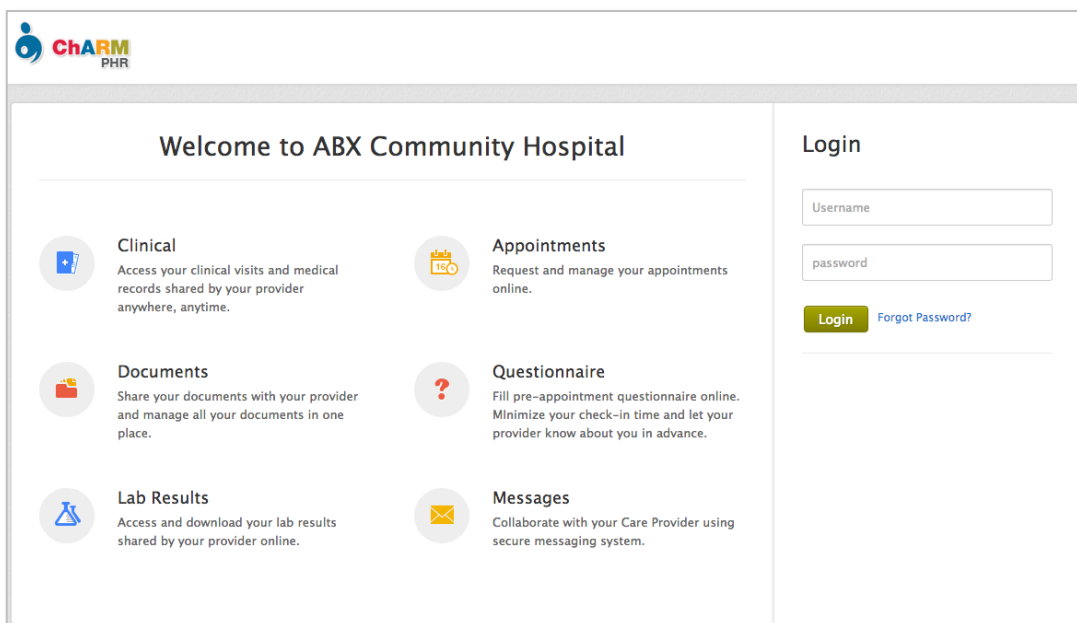
Please remember the username and password. Incase, if you forgot the password, use the 'Forgot Password' link on <https://charmphr.com/> to reset your password.

Patient Portal Login

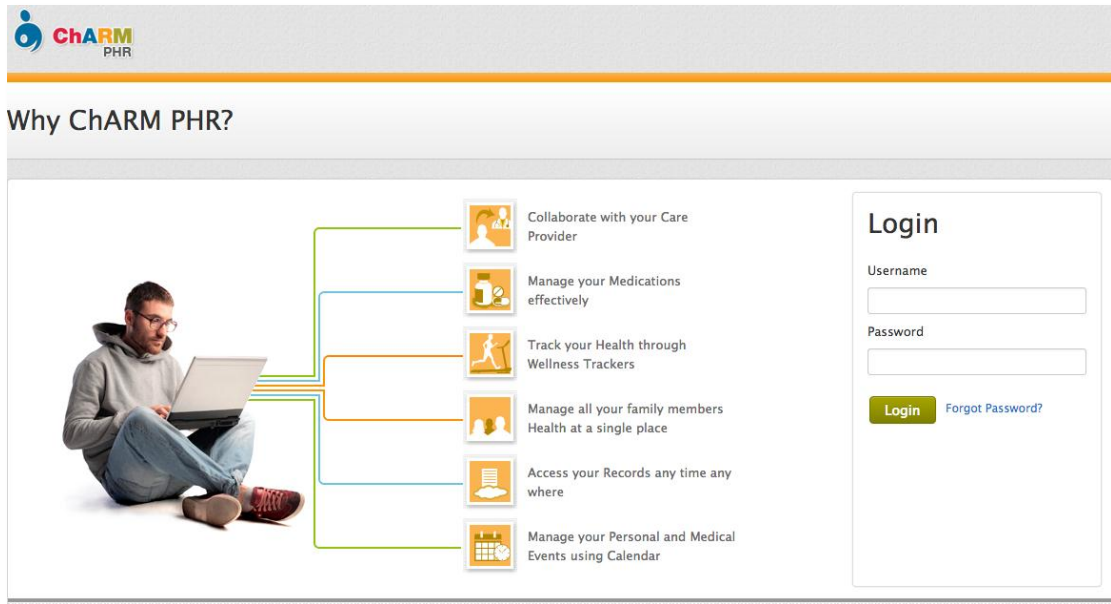
Once the account registration completes, you will be automatically redirected to patient portal and also will get a Welcome Email.



Welcome email has a link to patient portal login page of your practice. You can bookmark this link for future reference.



In addition, you can also login to patient portal from ChARM PHR home page at <https://charmphr.com>



The screenshot displays the ChARM PHR home page. At the top left is the ChARM PHR logo. Below it, the heading "Why ChARM PHR?" is followed by a list of six features, each with an icon and a line connecting to a man sitting on the floor using a laptop. The features are:

- Collaborate with your Care Provider
- Manage your Medications effectively
- Track your Health through Wellness Trackers
- Manage all your family members Health at a single place
- Access your Records any time any where
- Manage your Personal and Medical Events using Calendar

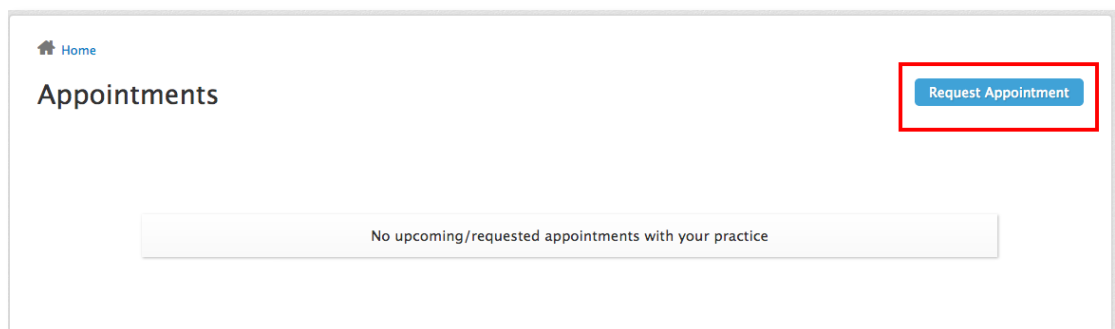
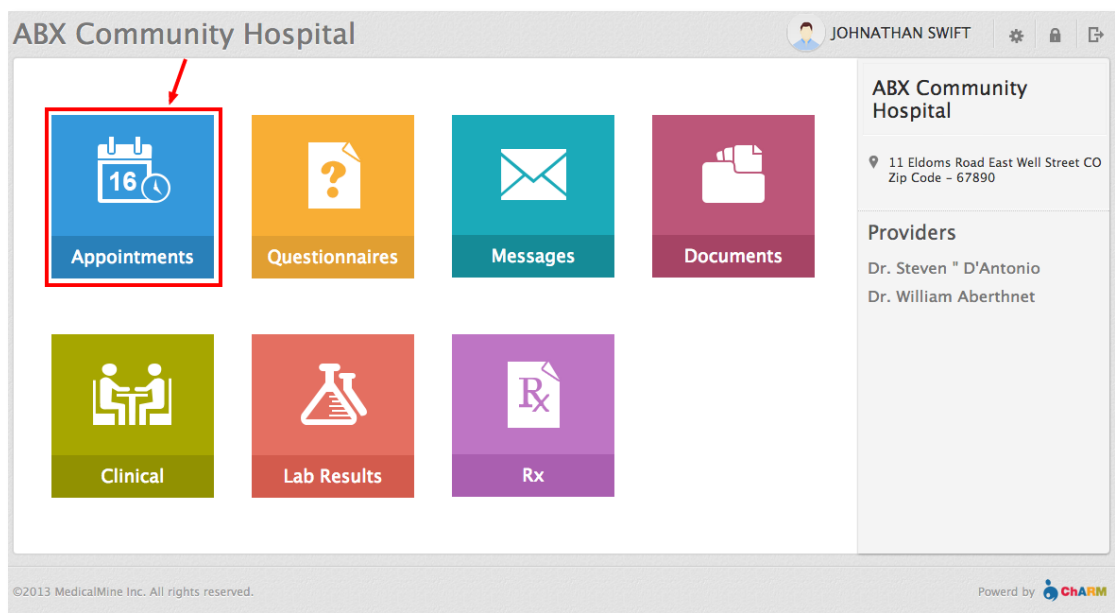
To the right of the list is a "Login" form with the following fields and options:

- Username:
- Password:
- Buttons: [Login](#) and [Forgot Password?](#)

Appointment Request

To schedule an appointment with your provider,

- Login to Patient Portal
- Go to the 'Appointments' section
- Click on 'Request Appointment' button

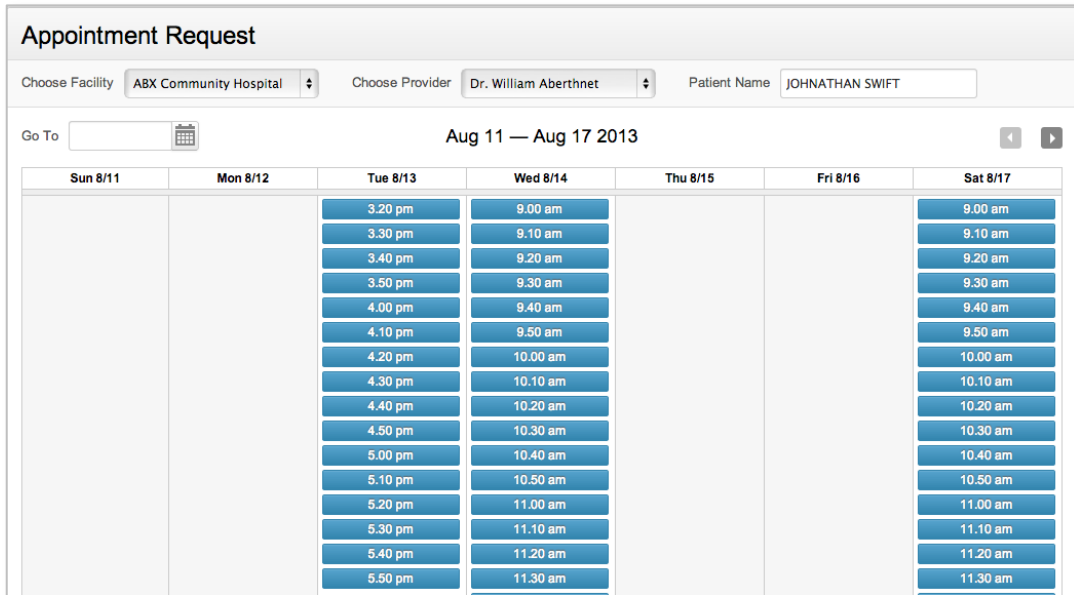


The appointment request page lists all the providers in your practice.

Choose the provider with whom you want an appointment.

Option 1:

If your provider has enabled online appointment booking, you can view the available slots.



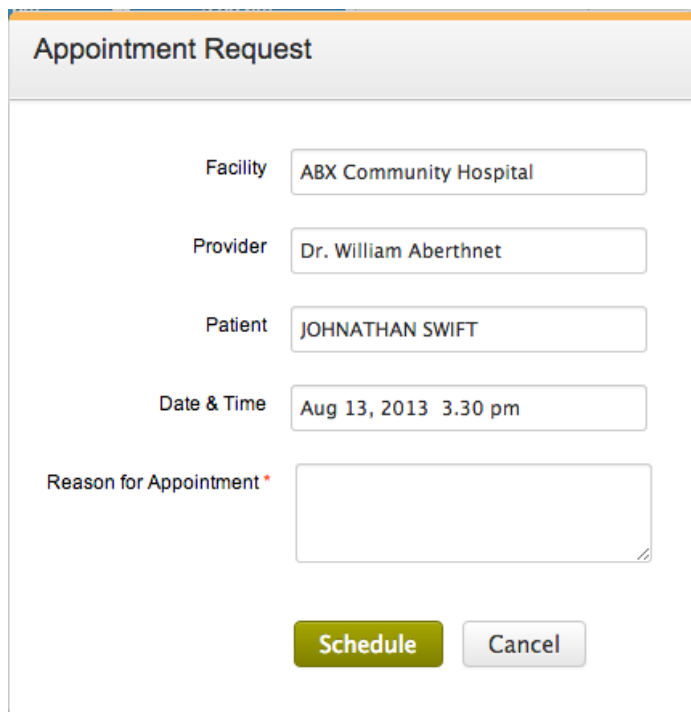
Appointment Request

Choose Facility: ABX Community Hospital | Choose Provider: Dr. William Aberthnet | Patient Name: JOHNATHAN SWIFT

Go To: | Aug 11 — Aug 17 2013

Sun 8/11	Mon 8/12	Tue 8/13	Wed 8/14	Thu 8/15	Fri 8/16	Sat 8/17
		3:20 pm	9:00 am			9:00 am
		3:30 pm	9:10 am			9:10 am
		3:40 pm	9:20 am			9:20 am
		3:50 pm	9:30 am			9:30 am
		4:00 pm	9:40 am			9:40 am
		4:10 pm	9:50 am			9:50 am
		4:20 pm	10:00 am			10:00 am
		4:30 pm	10:10 am			10:10 am
		4:40 pm	10:20 am			10:20 am
		4:50 pm	10:30 am			10:30 am
		5:00 pm	10:40 am			10:40 am
		5:10 pm	10:50 am			10:50 am
		5:20 pm	11:00 am			11:00 am
		5:30 pm	11:10 am			11:10 am
		5:40 pm	11:20 am			11:20 am
		5:50 pm	11:30 am			11:30 am

- Choose a convenient time by clicking on the slot
- Enter Reason for Appointment
- Click on 'Schedule



Appointment Request

Facility: ABX Community Hospital

Provider: Dr. William Aberthnet

Patient: JOHNATHAN SWIFT

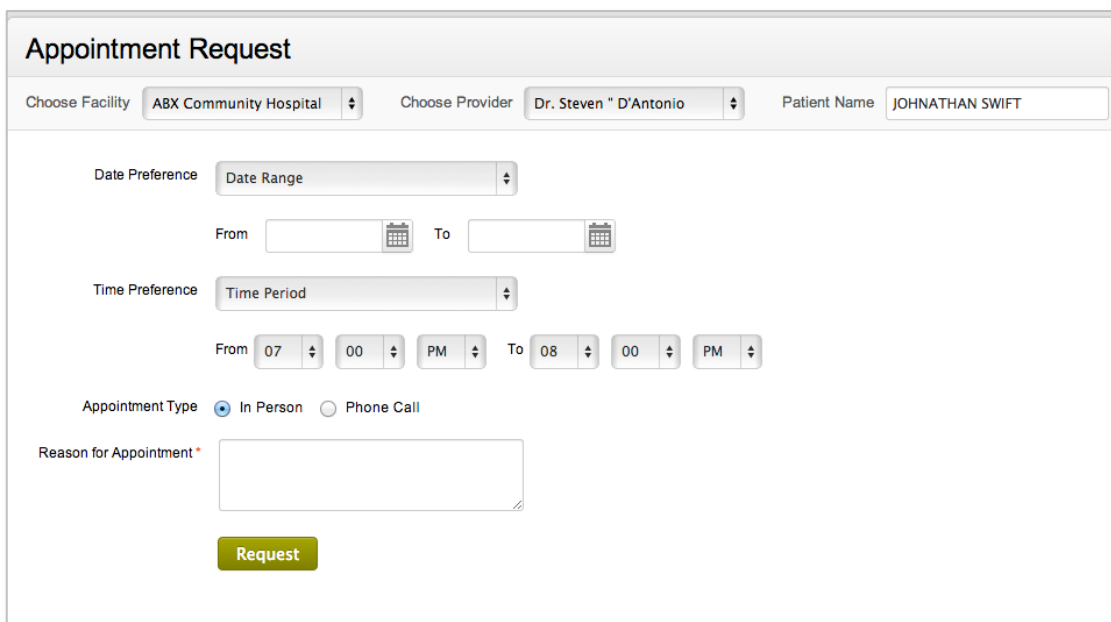
Date & Time: Aug 13, 2013 3:30 pm

Reason for Appointment *

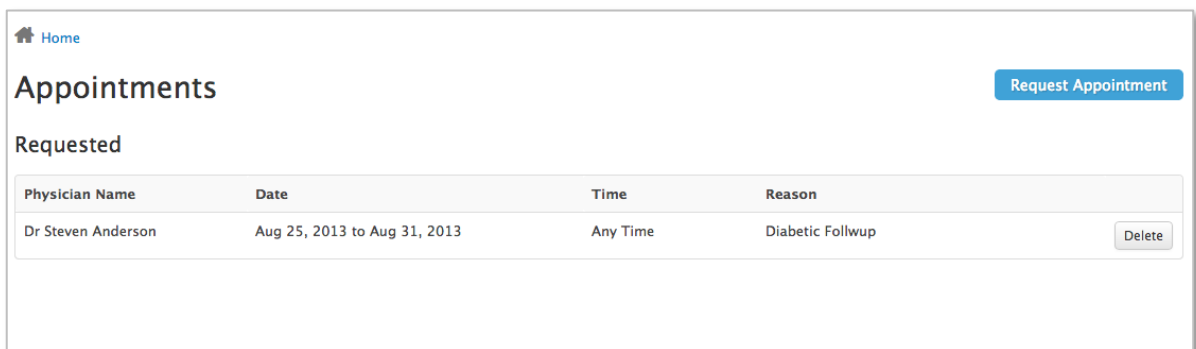
Option 2:

If your provider has not enabled online appointment booking, available slots view will not be shown. Instead Appointment Request Form will be shown.

- Enter your date/time preference
- Reason for appointment
- Click on 'Request'



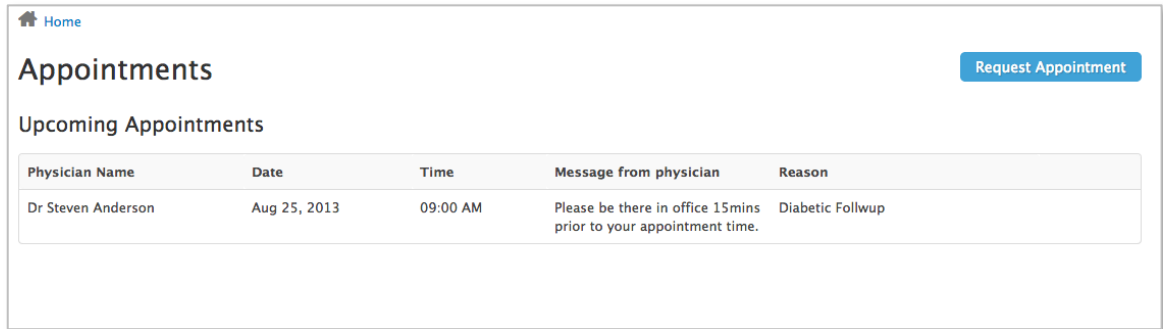
On submitting the form, Appointment request mail will be sent to your Provider. The appointment requests are also listed in patient portal under Requested Appointments section.



Physician Name	Date	Time	Reason
Dr Steven Anderson	Aug 25, 2013 to Aug 31, 2013	Any Time	Diabetic Follwup

Once your provider confirms the appointment, you will get a confirmation email.

The confirmed appointments are listed under Upcoming Appointments section of patient portal.



Home

Appointments

Request Appointment

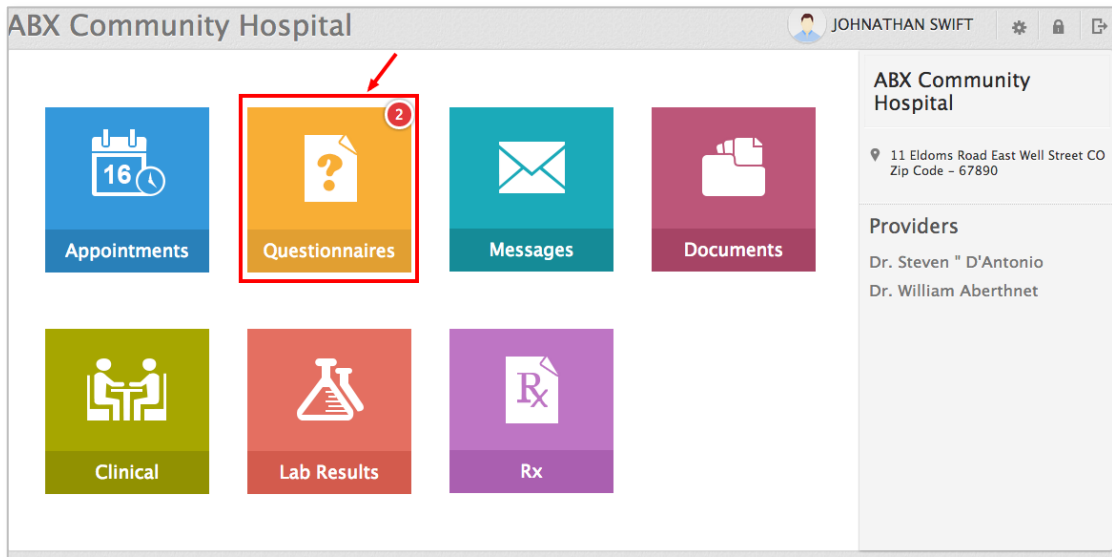
Upcoming Appointments

Physician Name	Date	Time	Message from physician	Reason
Dr Steven Anderson	Aug 25, 2013	09:00 AM	Please be there in office 15mins prior to your appointment time.	Diabetic Follwup

Fill Pre-Appointment Questionnaires

From ChARM Patient Portal, you can fill pre-appointment questionnaires shared by your practice prior to your office visit.

This significantly reduces the time you spent in waiting room during appointment and helps your provider to know about you in advance.



You will get an email notification whenever your practice shares some questionnaires with you.

In addition, a notification icon (with count) is shown on top right corner of Questionnaires section if you have any questionnaires to fill.

To fill pre-appointment questionnaires

- Login to Patient Portal
- Go to the 'Questionnaires' section
- Choose a questionnaire, fill the details and click on Save

The 'Current' tab lists the questionnaires to be filled for your upcoming appointment. Fill all the questionnaires listed under the 'Current' tab.

The 'Past' tab lists the questionnaires filled during previous consultations.

Questionnaires

Current
Past

Appointment on Aug 18, 2013 11:00 AM

Personal Details
Sender : Dr. Steven " D'Antonio

Family History
Sender : Dr. Steven " D'Antonio

Family History Aug 18, 2013

Dr. Steven " D'Antonio
 ABX Community Hospital
 11 Eldoms Road ,
 East Well Street CO
 Alabama

Any body is having Diabetic problem in your family Yes No Others

Any body is having Heart related problem in your family Yes No Others

Smoking Habits Never Smoked Frequent Rarely Others

Save

Note:

Make sure to click on the Save button once you fill a questionnaire. Otherwise, your inputs will not be recorded. Follow this for every questionnaire that you fill.

Questions marked with red asterisks are mandatory to fill.

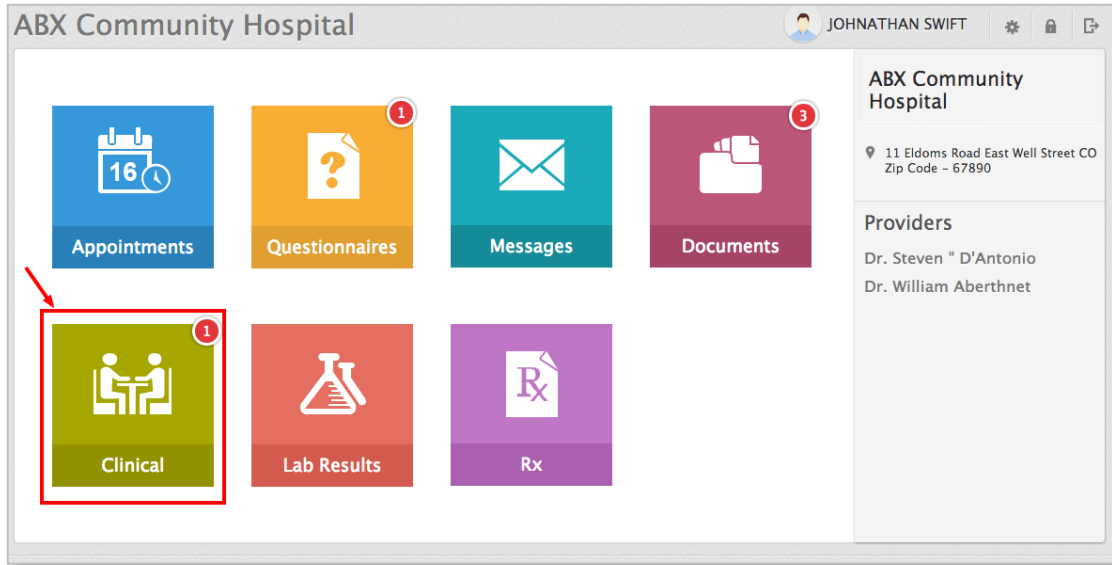
You can partially fill a questionnaire, save and continue it latter.

You can edit the questionnaire till you go for consultation. Once the consultation starts, you cannot edit it.

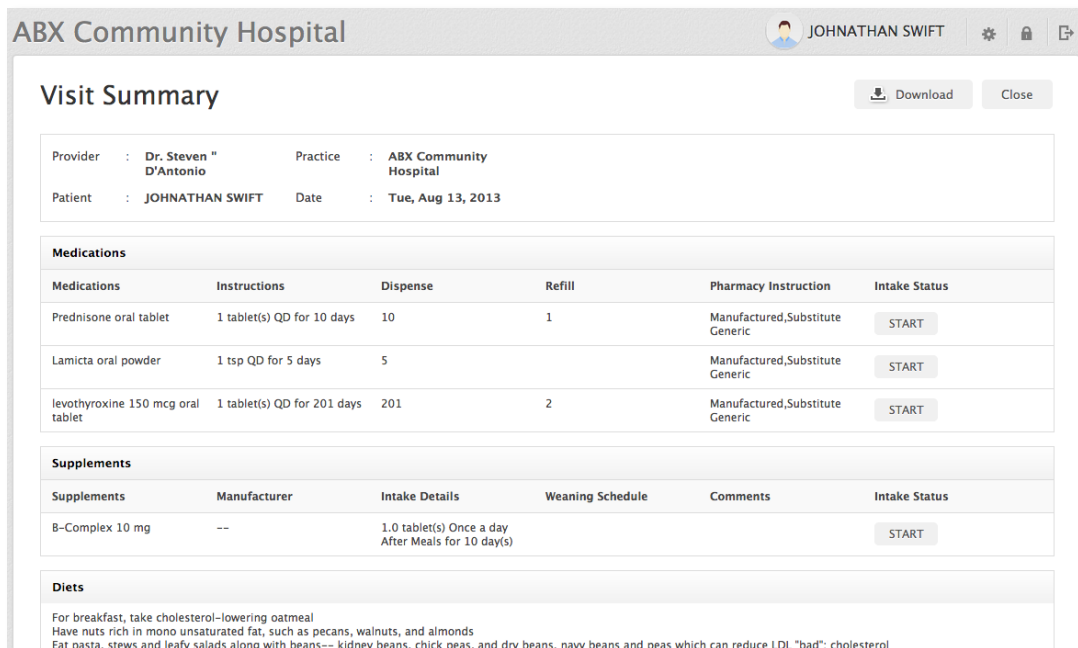
Access Visit Summary

After your consultation, you can access the visit summary shared by your provider under 'Clinical' section.

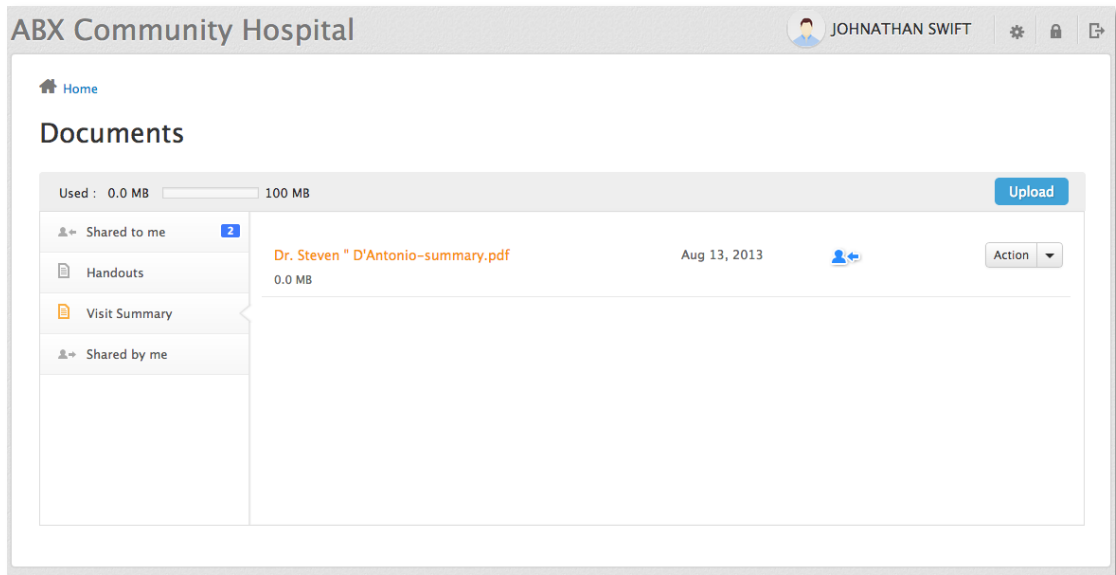
A notification icon is shown on top right corner of Clinical section, whenever you get a visit summary. You will also receive an email notifying this.



The visit summary has details about the Medications, Supplements and other recommendations given by your provider.



You can also access the pdf version of visit summary under Documents > 'Visit Summary' section.

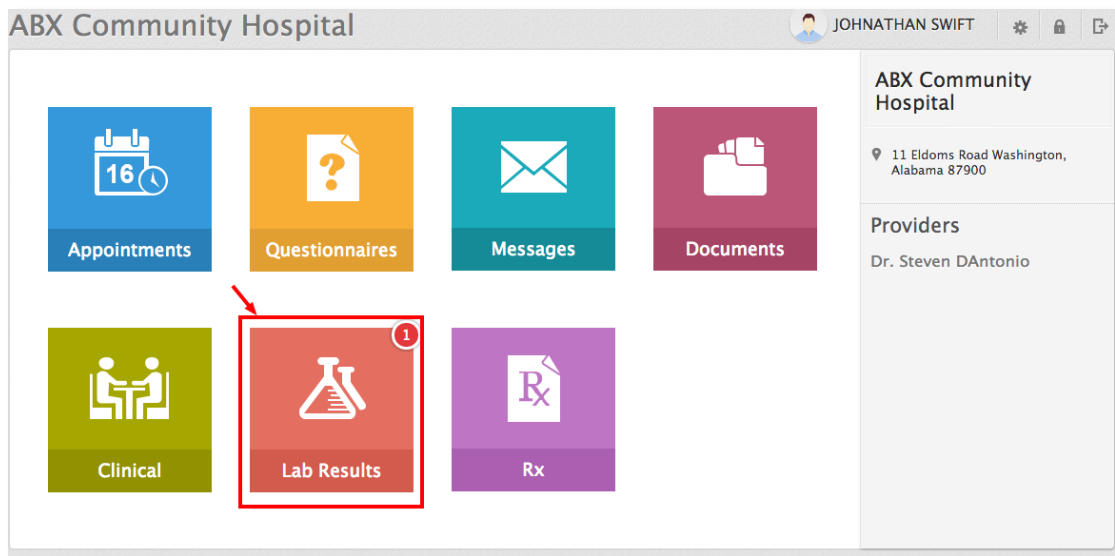


Access Lab Results

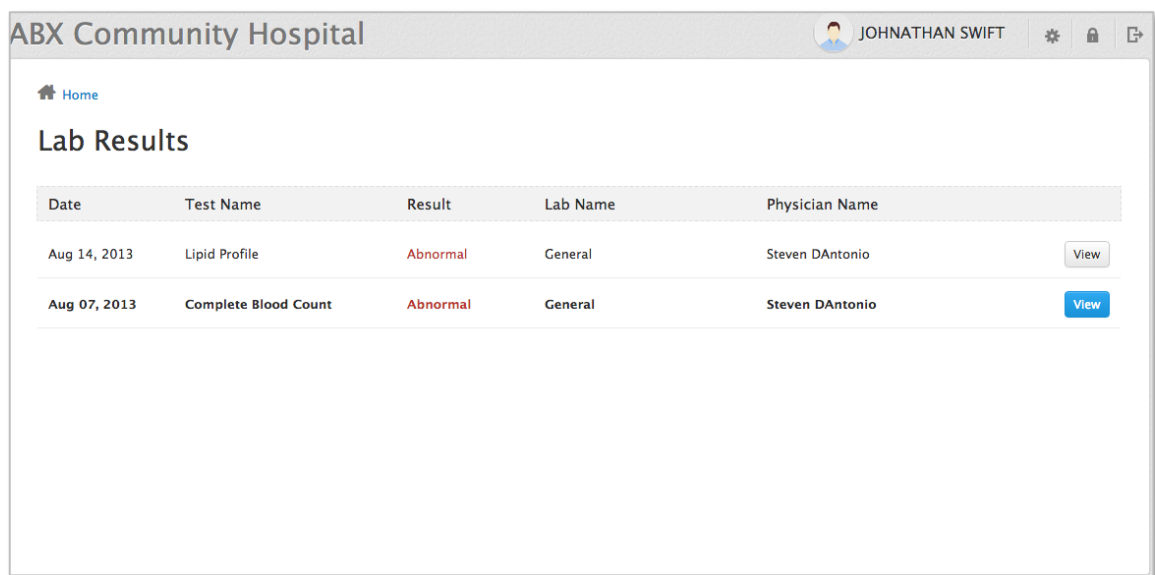
You can access the lab results shared by your practice under Lab Results section.

A notification icon is shown on top right corner of Lab Results section, whenever you get a lab result.

You will also receive an email notifying this.




To access the shared lab results, go to Lab Results section and click on View button.



Date	Test Name	Result	Lab Name	Physician Name	
Aug 14, 2013	Lipid Profile	Abnormal	General	Steven DAntonio	View
Aug 07, 2013	Complete Blood Count	Abnormal	General	Steven DAntonio	View

You can also download the result as PDF.

ABX Community Hospital

 JOHNATHAN SWIFT
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Lipid Profile Download Close

Test Name	: Lipid Profile	Lab Name	: General	Date	: Aug 14, 2013
Physician Name	: Steven DAntonio	Result	: Abnormal	Comments	: Schedule for a followup after one month

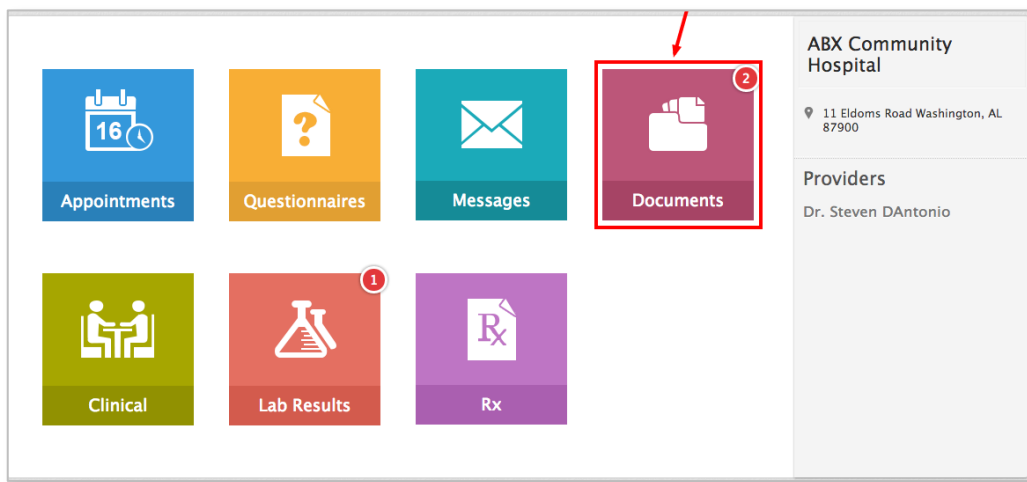
Name	Result	Unit	Reference Min	Reference Max	Interpretation
Total Cholesterol	190	mmHg		200.0	
Triglycerides	170	mmHg		150.0	High
LDL Cholesterol	90	mmHg		100.0	
HDL Cholesterol	70	mmHg	60.0		

Access Documents

You can access the handouts, consent forms and other documents shared by your practice under Documents section.

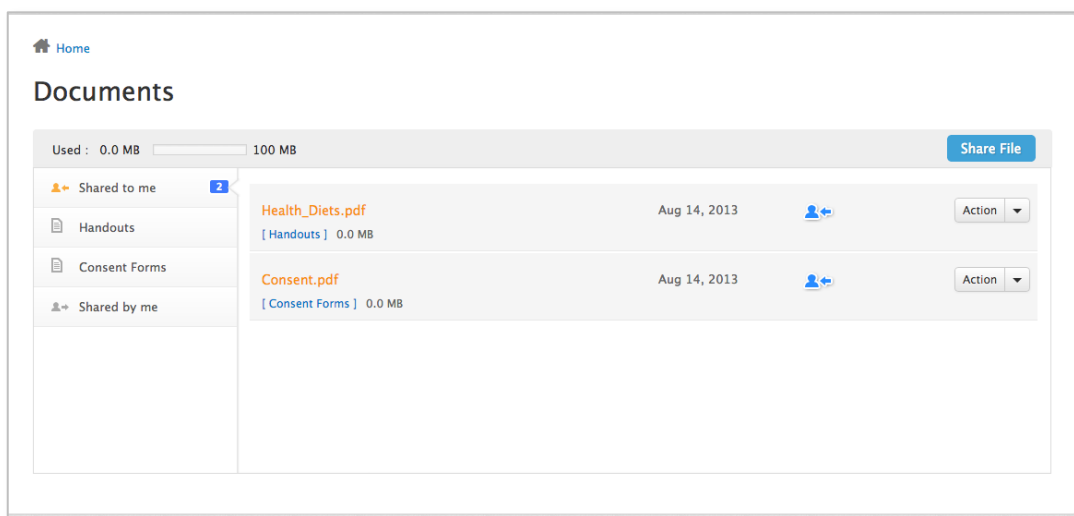
A notification icon is shown on top right corner of Documents section, whenever you get new documents from your practice.

You will also receive an email notifying this.



To access the shared documents,

- Go to Documents section and select 'Shared to me' folder.
- Click on the file to preview it.

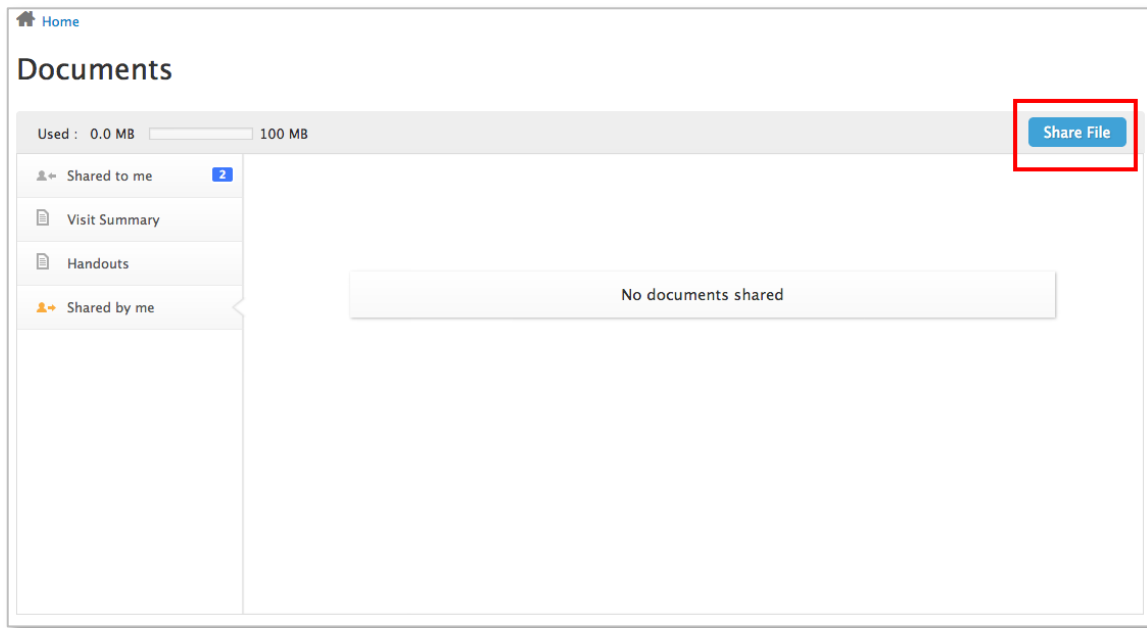


You can also download the files by using 'Action' > 'Download' menu.

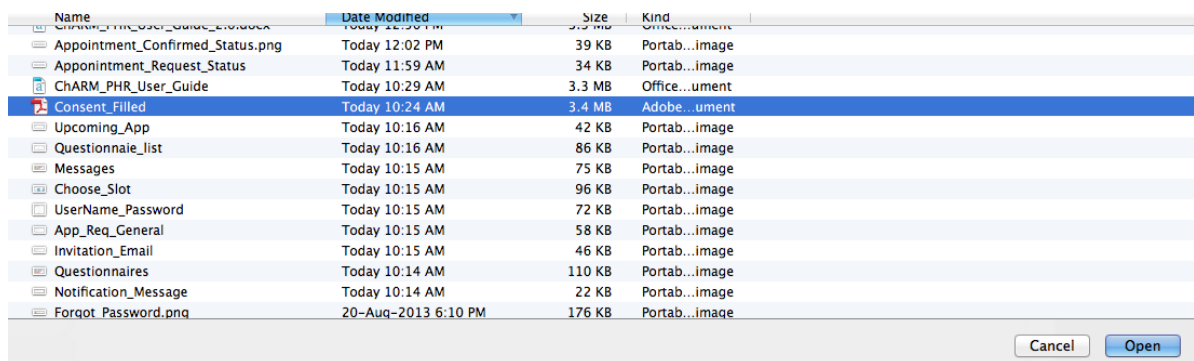
Share Documents with Practice

You can share your documents with practice from Documents section.

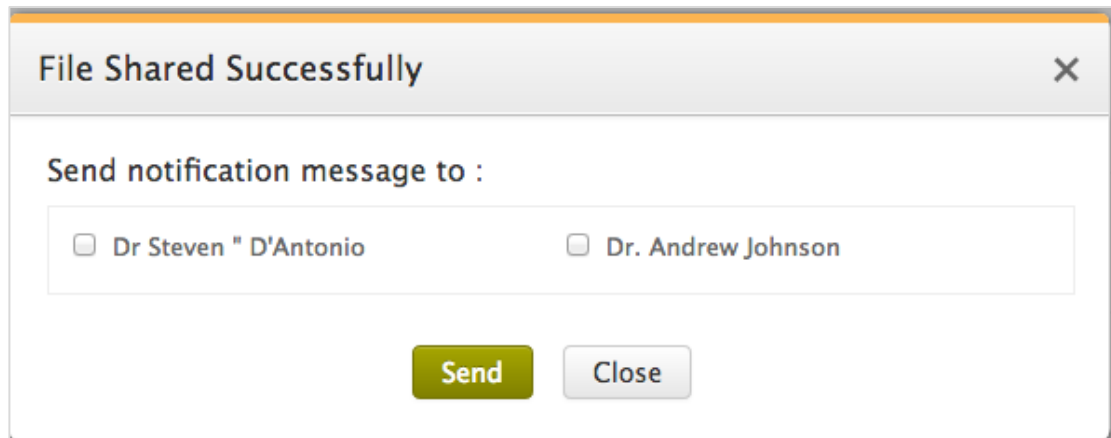
To share a document, click on the 'Share File' button, which brings a file chooser dialog.



Choose the required file from your computer.

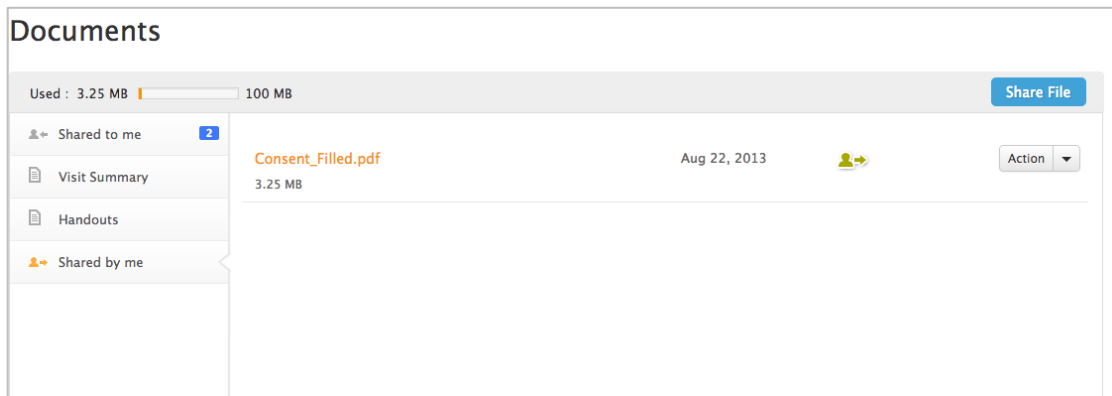


Select the practice member(s) to be notified about file sharing.



Once confirmed, the selected members will get a notification message with link to access the shared files.

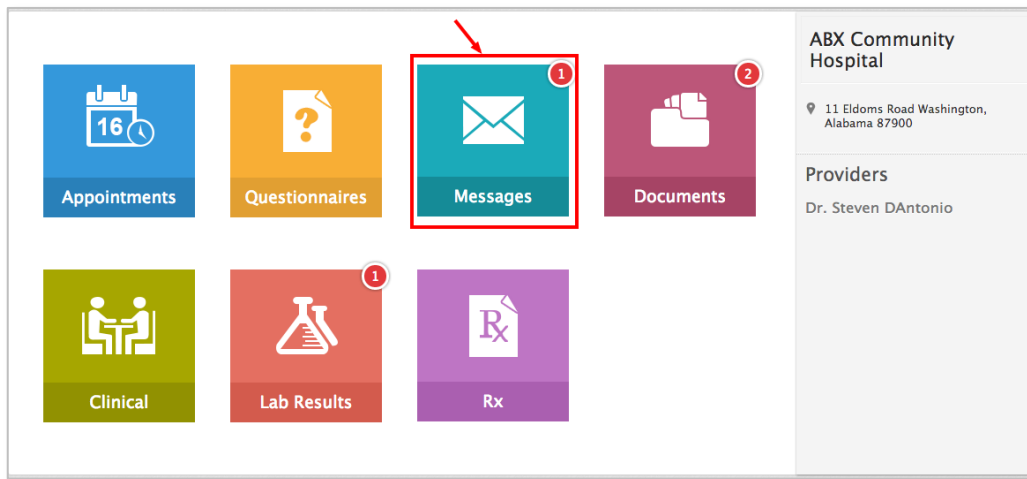
All the documents shared by you are listed under Documents > 'Shared by me' section.



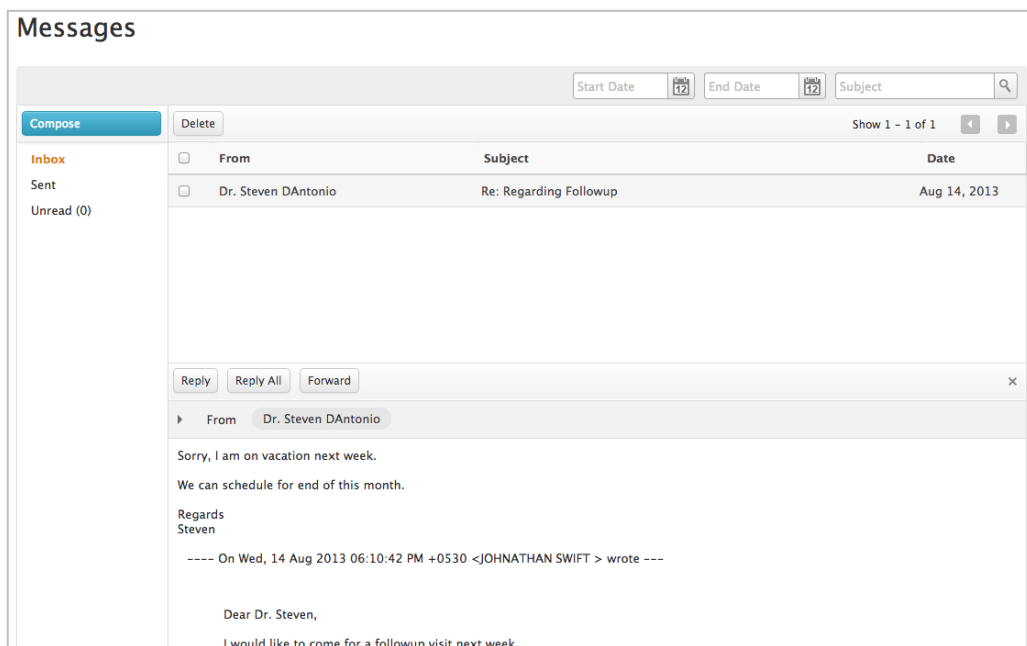
Send Message to Providers

Patient portal enables you to securely communicate with your provider.

When your provider sends a message, you will get a notification to your personal email and also unread messages count is shown on top right corner of Messages section.

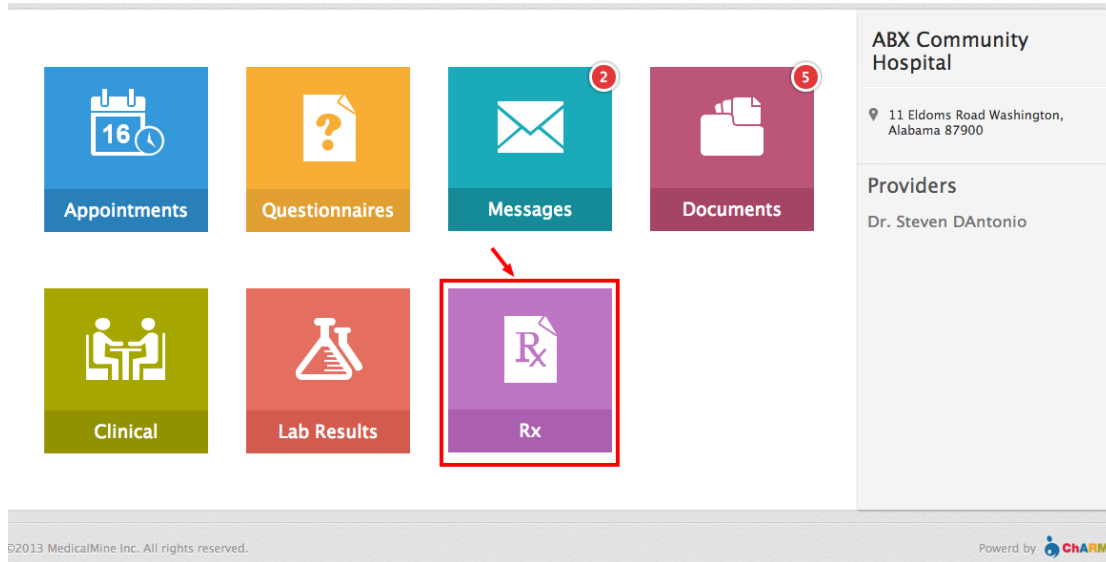


Click on the message to view the details. Use the Compose option to send message to your provider.



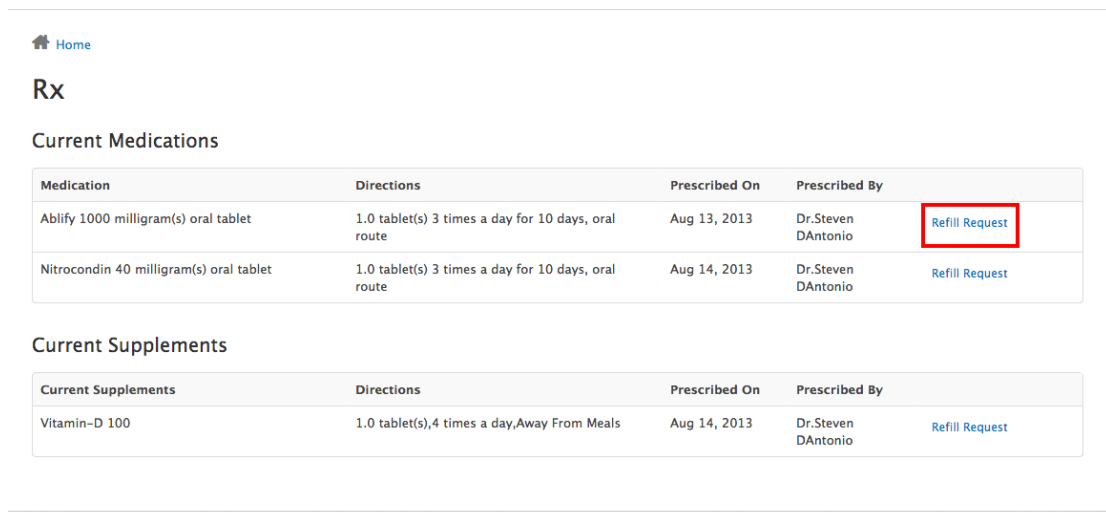
Medication Refill

The Rx section in patient portal dashboard lists all the active medications prescribed by your provider.



To send refill request for a medication

- Go to Rx section
- Choose the required Medication
- Click on 'Refill Request'



Check the medication details and confirm the request.

Refill Request ✕

Supplement	Ablify 1000 milligram(s) oral tablet
Directions	1.0 tablet(s) 3 times a day for 10 days, oral route
Prescribed On	Aug 13, 2013
Physician Name	Dr.Steven DAntonio

[Confirm](#)

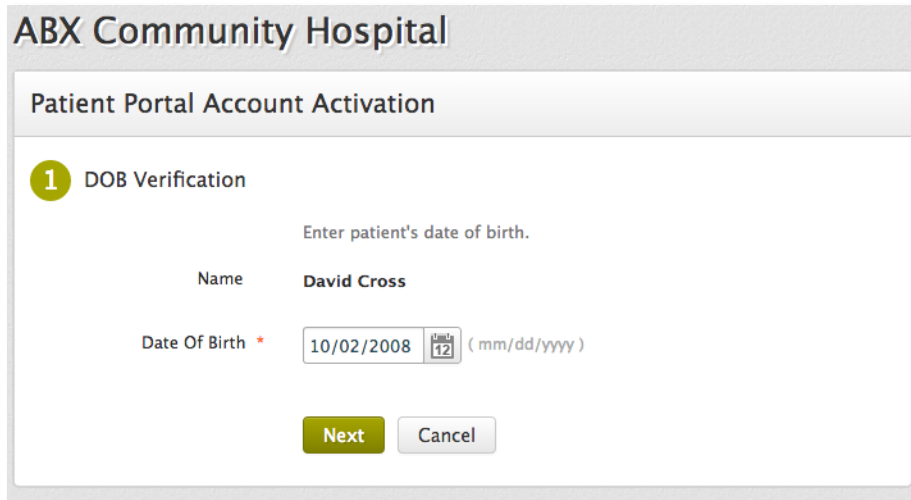
Once confirmed, a refill request message will be sent to your provider for further processing.

A copy of the message is available under Messages > Sent folder, for your reference.

Once you have the invitation email, follow the steps below to register your account.

Step 1:

Click on the invitation link and enter patient's Date Of Birth.



ABX Community Hospital

Patient Portal Account Activation

1 DOB Verification

Enter patient's date of birth.

Name **David Cross**

Date Of Birth * (mm/dd/yyyy)

Next

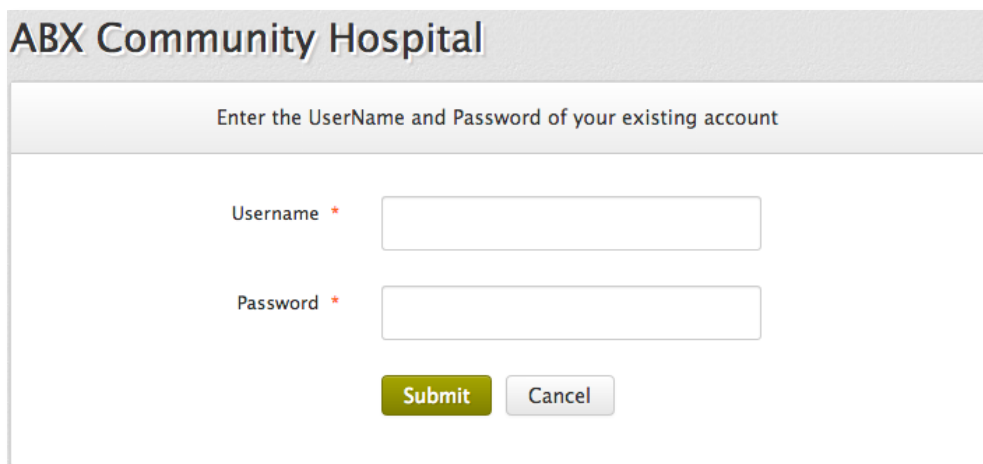
Note:

Make sure that you enter DOB in the format mentioned in the form. For example, if your DOB is June 20, 1990, enter '06/20/1990' (in mm/dd/yyyy format)

If you get date of birth mismatch error, there is a possibility that an incorrect Date Of Birth is entered by your practice. Contact your practice for correcting it.

Step 2:

Enter Username and Password of your existing Patient Portal account.



ABX Community Hospital

Enter the Username and Password of your existing account

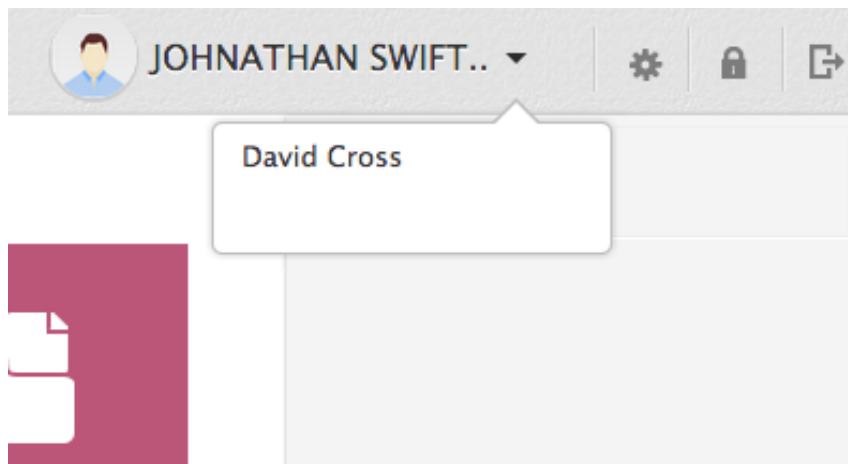
Username *

Password *

Submit

Once the username and password is verified, your family member's profile will be added to your PHR account and you will be automatically redirected to patient portal dashboard.

Use the switch profile option on top right corner to change patient profiles.



Now you can access all the records of your family member and do other actions as you do on your account.

Password Reset

If you forgot your patient portal account password, you can reset it either from ChARM PHR home page or from your practice specific login page.



To reset your account password

- Go to <https://charmphr.com>
- Click on 'Forgot Password' link
- Enter UserName or Email Address

Once you submit the details, you will receive an email with a link to reset your account password.

Note:

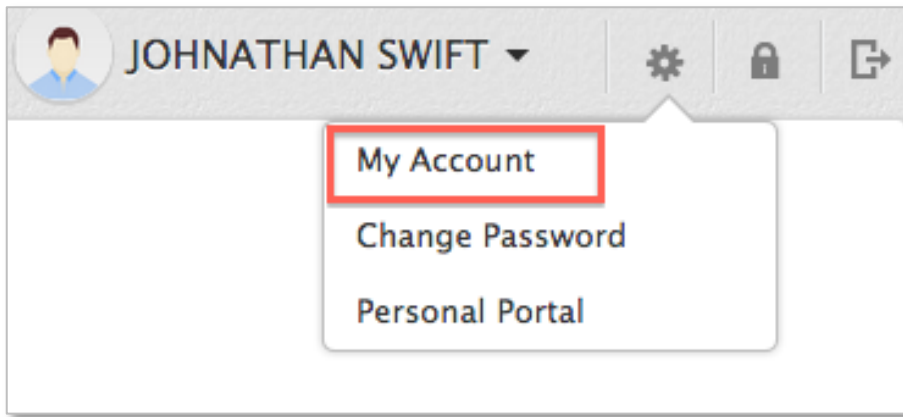
Check the SPAM folder if have not received password reset email.

Password is case sensitive. Hence make sure that you enter in proper case.

For your reference, account username is mentioned in the password reset email.

Patient Demographics


You can access your demographic details under Settings > My Account section.



The details shown in this section are based on the records in your practice. This is a read only view. If you would like to update any details, please contact your practice.

My Account

Emergency Contact Details			
Contact Name	Alex Andrew	Contact Number	9524345423



Primary Contact Details			
Caregiver Name	Line 1	99238 VERTIGO LANE	
Preferred Communication	Line 2		
Email Id	jswift@gmail.com	City	MINNEAPOLIS
Home Phone		Country	United States
Mobile	9524475477 (primary)	State	Minnesota
Work Phone		Zip	55427
Fax			

JOHNATHAN SWIFT

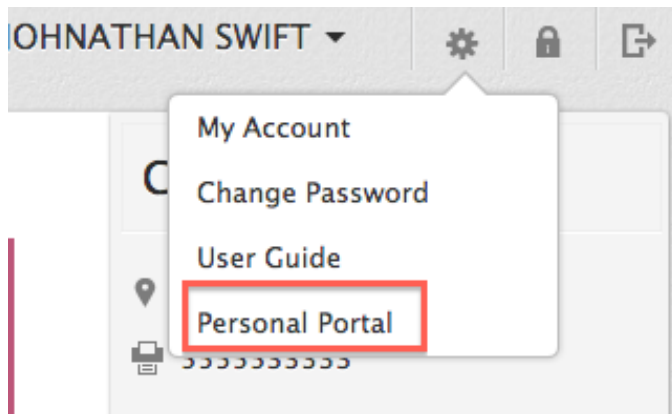
First Name	JOHNATHAN
Last Name	SWIFT
Age	33
DOB	Oct 24, 1979
Gender	male
Blood Group	A+
Language	English
Marital Status	Married

Additional Information			
Race	White	Employment Status	Employed
Ethnicity	Hispanic or Latino	Smoking Status	Never Smoker

Personal Health Portal

You can maintain your personal health records other than what is shared by your practice under Personal Health Portal.

The Personal Portal is accessible under Settings icon.



From Personal Health Portal you can

- Enter your daily interventions (like OTC drug intake etc) and generate useful reports
- Track your Health through Wellness Trackers
- Keep track of your health schedules in personal Calendar
- Upload personal documents and access them anywhere, anytime
- Maintain contact details of your Providers, Pharmacies and Labs
- Go through Educational Materials specific to your medical conditions

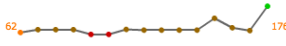
Records Wellness **Calendar** Files Library Research


Trackers Observations Custom Programs Academic Tracking ATEC QEESI Growth Chart

Trackers


[Add Tracker](#)

General Action

Weight **176.0 lbs** **17 Jul 2013** 

BMI **26.76** **17 Jul 2013** 

Pulse Rate Action

Pulse Rate **22.0 bpm** **27 Sep 2010** 

Records Wellness **Calendar** Files Library Research

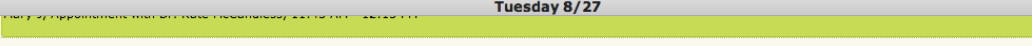

Calendar My Events

Calendar

[Add Event](#)

Smart Add [Add](#) Show All

day week month **Tuesday, Aug 27, 2013** today

Tuesday 8/27	
12pm	
1pm	1:00 - 1:30 Mary J, Appointment with Physician 111, 01:00 PM - 01:30 PM 
2pm	
3pm	